

Pilates in Loughborough with Jane Thomas

Reformer classes 2017-2018

Monday 11.30am-12.30pm Monday 12.30pm-1.30pm	Monday 7pm-8pm Monday 8pm-9pm	Tuesday 6pm	Thursday 8am-9am Thursday 9am-10am	Thursday 12.30pm-1.30pm	Thursday 6pm-7pm Thursday 7pm-8pm	Saturday 11.15am-12.15pm
18 September	18 September		14 September	14 September		16 September
25 September	25 September		21 September	21 September		23 September
2 October	2 October		28 September	28 September		30 September
9 October	9 October		5 October	5 October		7 October
				12 October		14 October
						28 October
30 October	30 October			2 November		4 November
6 November	6 November		9 November	9 November		11 November
13 November			16 November	16 November		18 November
20 November	20 November		23 November	23 November		25 November
27 November	27 November		30 November	30 November		2 December
4 December	4 December		7 December	7 December		9 December
11 December	11 December		14 December	14 December		16 December
8 January	8 January		11 January	11 January	11 January	13 January
15 January	15 January		18 January	18 January	18 January	20 January
22 January	22 January		25 January	25 January	25 January	27 January
29 January	29 January		1 February	1 February	1 February	3 February
5 February	5 February		8 February	8 February	8 February	10 February
26 February	26 February			1 March	1 March snowed off	24 February
			8 March	8 March	8 March	3 March
5 March	5 March		15 March	15 March	15 March	10 March
12 March	12 March		22 March	22 March	22 March	17 March
19 March	16 April		19 April	12 April	19 April	24 March
26 March	23 April	17 April	26 April	19 April	26 April	14 April
16 April	30 April	24 April	10 May	26 April	3 May	21 April
23 April	14 May	1 May	17 May	3 May	10 May	28 April
30 April	21 May	15 May	24 May	17 May	24 May	12 May
14 May	28 May	22 May	14 June	24 May	7 June	19 May
21 May	11 June	12 June	21 June	14 June	14 June	9 Jun
11 June	18 June	19 June	28 June	21 June	28 June	16 June
18 June	25 June	26 June	5 July	28 June	5 July	23 June
25 June	2 July	3 July	12 July	5 July	12 July	30 June
2 July	9 July	10 July		12 July	2 August	7 July
9 July	13 August	17 July	2 August	19 July	9 August	14 July
16 July	20 August	14 August	9 August	16 August	16 August	21 July
13 August	3 September	21 August	30 August	23 August	30 August	18 August
20 August		28 August	6 September	30 August		25 August
						1 September

How It Works

Our Reformer classes are micro-group classes (maximum four people), so you can be assured of the highest quality and highly personalised instruction. Your Coach is fully qualified to National Standards, and fully trained to the exacting and higher standards of the *Pilates in Loughborough with Jane Thomas* company, part of *First Class Pilates – the Pilates Instruction Specialists*.

You join a class running on a specific day and time. Payment is through our Monthly Payment Plan only, and costs £38.50 a month, between September and August inclusive (with the first payment being taken in September 2017 and the last payment being taken on 1 August 2018). If you join part-way through a year, the cost is still £38.50 a month, taken from the month you join through till and including August 2018.

Each specific class runs 32 times a year, and you can attend as many or as few of those specific classes as you would like during the year. How many classes you attend is totally up to you. If you attend the maximum 32 of your specific classes the cost works out at £14.44 per class. If you attend 28 classes over the year, they work out at £16.50 each. You are totally in control, and — as you can see — the more classes you attend, the cheaper they work out for you.

NB Reformer classes do not have a Catchup system.