

Pilates in Loughborough with Jane Thomas

Reformer classes 2018-2019

Monday 11.30am-12.30pm Monday 12.30pm-1.30pm	Monday 7pm-8pm Monday 8pm-9pm	Tuesday 6pm	Wednesday 8am-9am Wednesday 9am-10am	Thursday 8am-9am Thursday 9am-10am	Thursday 12.30pm-1.30pm	Thursday 6pm-7pm Thursday 7pm-8pm	Saturday 11.15am-12.15pm
10 September	10 September	11 September	12 September	13 September	13 September	13 September	15 September
17 September	17 September	18 September	19 September	20 September	20 September	20 September	22 September
24 September	24 September	25 September	26 September	27 September	27 September	27 September	29 September
1 October	1 October	2 October	3 October	4 October	4 October	4 October	6 October
8 October	8 October	30 October	10 October	11 October	11 October	11 October	13 October
5 November	5 November	6 November	7 November	8 November	8 November		10 November
12 November	12 November	13 November	14 November	15 November	15 November	15 November	17 November
19 November	19 November	20 November	21 November	22 November	22 November	22 November	24 November
26 November	26 November	27 November	28 November	29 November	29 November	29 November	1 December
3 December	3 December	4 December	5 December	6 December	6 December	6 December	8 December
10 December	10 December	11 December	12 December	13 December	13 December	13 December	15 December
7 January	7 January	8 January	9 January	10 January	10 January	10 January	12 January
14 January	14 January	15 January	16 January	17 January	17 January	17 January	19 January
21 January	21 January	22 January	23 January	24 January	24 January	24 January	26 January
28 January	28 January	29 January	30 January	31 January	31 January	31 January	1 February
4 February	4 February	5 February	6 February	7 February	7 February	7 February	9 February
11 February	11 February	12 February	13 February	14 February	14 February	14 February	16 February
						28 February	
4 March	4 March	5 March	6 March	7 March	7 March	7 March	9 March
11 March	11 March	12 March	13 March	14 March	14 March	14 March	16 March
18 March	18 March	19 March	20 March	21 March	21 March	21 March	23 March
25 March	25 March	26 March	27 March	28 March	28 March	28 March	30 March
1 April	1 April	2 April	3 April	4 April	4 April	4 April	6 April
8 April	8 April	9 April	10 April	11 Apr	11 April	11 Apr	13 April
29 April	29 Apr	30 Apr	1 May	2 May	2 May	2 May	4 May
13 May	13 May	14 May	15 May	16 May	16 May	16 May	18 May
20 May	20 May	21 May	22 May	23 May	23 May	23 May	25 May
10 June	10 June	11 June	12 June	13 June	13 June	13 June	15 June
17 June	17 June	18 June	19 June	20 June	20 June	20 June	22 June
24 June	24 June	25 June	26 June	27 June	27 June	27 June	29 June
1 July	1 July	2 July	3 July	4 July	4 July	4 July	6 July
+ 4 weeks over the summer — to be determined							
Total number of classes:							
34	34	34	24	34	34	34	34

How It Works

Our Reformer classes are micro-group classes (maximum four people), so you can be assured of the highest quality and highly personalised instruction. Your Coach is fully qualified to National Standards, and fully trained to the exacting and higher standards of the *Pilates in Loughborough with Jane Thomas* company, part of *First Class Pilates — the Pilates Instruction Specialists*.

You join a class running on a specific day and time. Payment is through our Monthly Payment Plan only, and costs £41 a month, between September and August inclusive (with the first payment being taken in September 2018 and the last payment being taken on 1 August 2019). If you join part-way through a year, the cost is still £41 a month, taken from the month you join through till and including August 2019.

Each specific class runs 34 times a year, and you can attend as many or as few of those specific classes as you would like during the year. How many classes you attend is totally up to you. If you attend the maximum 34 of your specific classes the cost works out at £14.47 per class.

NB Due to class size of only 4 spaces, Reformer classes do not have an official Catchups system. There is however an unofficial way to get Catchups by manually checking for spaces in other class registers.